Hospital Packing List

The ultimate packing list BY patients FOR patients.

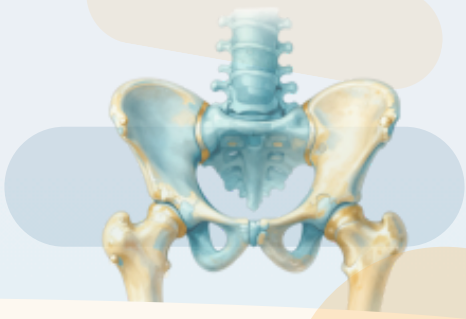
Must-Haves

- [ ] Phone with long charger
- [ ] Loose / comfortable clothes
  - Large pants or shorts with elastic waistband
  - Underwear (1-2 sizes larger for swelling)
  - Zip-up jacket, housecoat, or robe
  - Slip-on shoes/slippers with non-slip soles
- [ ] Entertainment (phone, iPad, laptop)
- [ ] Headphones or ear buds

Nice-to-Haves

- [ ] Warm/cozy blanket from home
- [ ] Toiletry bag (dry shampoo, toothbrush, deodorant, wipes, lip balm)
- [ ] Snacks and drinks
  - Hard candies/mints for sore/dry throat
  - Water bottle or canteen
- [ ] Favorite pillow or neck pillow
- [ ] Eye mask for sleeping

Some Patients Also Like

- [ ] Assistive devices (crutches, walker, hip kit)
- [ ] Comfort items (blanket, essential oils)
- [ ] Glasses
- [ ] Notebook and pen
- [ ] Ear plugs
- [ ] Long-handled back scratcher

My Notes: